



# Mama Chic Wrist Cuff

by Jennifer Casa

Simple. Understated. And so very special—like the lovely folk who wear them. Whether you make yours from vintage patchwork + linen as I do mine, or choose entirely different fabric scraps to create your own look, these babies are sure to please with their soft feel and eye-catching shape. They are simple to make and easily personalized - have fun!

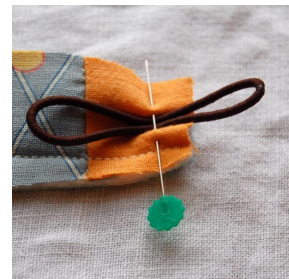


## Materials ::

- pattern piece (*follows*)
- main fabric
- thin cotton batting (*try also fleece, flannel or felt*)
- backing fabric
- 1 ponytail elastic
- 1 button + needle + embroidery floss or thread

## Let's get to work ::

1. Using the pattern piece, cut one main piece, one batting piece and one backing piece.
2. With the main fabric RS up, center the pony elastic at the short end, pin it so that a loop 1.5" in length is extended onto the main fabric.



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3. Make a “sandwich” - backing piece on the bottom RS up, main fabric RS down in the middle, and the batting on the top.
4. Pin all the way around marking a 3” opening on one of the long sides. Using a 1/4” seam allowance, sew around the perimeter of the piece \*remember to leave that 3” opening. Backstitch at the beginning and end of this bit of stitching.
5. Clip the corners just a teeny bit and then reach inside the opening between the main fabric and the backing fabric to turn it RS out.
6. Use a bone folder or chopstick to gently press into the corners and give a gentle tug on the pony elastic. Tuck under the edges by that side opening, then press the entire piece.
7. Pin the side opening shut being careful to line up the front and back. Using a 1/8” seam allowance on the RS of the piece, top-stitch the entire perimeter—when you get to the opening, you will be stitching it shut as well as top-stitching.
8. OPTIONAL :: at this point, quilt your wrist cuff for a bit of added coolness.



9. Put the cuff around your wrist and figure out where you'd like the button, then stitch it on.

You are done—slip it on and smile!

Now go make a bunch more to share and let your friends know how much you love them! *Try using fabric ink and a stamp to leave a secret message on the backing fabric of your wrist cuff.*

**ENJOY!**



*Here's your full-sized pattern piece!*

Print at 100% on cardstock, or cut it out and trace it onto a scrap piece of cardboard — that makes working with a rotary cutter super easy.



Want to make them for your kids? Easy! Just shorten the pattern piece to that first “M” in “Mama” (from the bottom upwards). Follow the same steps and you will have a wrist cuff perfectly sized for the cool kiddos in your world!

